

PAG ARIZONA EMPLOYEES WALK THEIR WAY TO WELLNESS!

More than 160 employees from PAG Arizona laced up their sneakers and took part in the “Stepping Into Spring” walking challenge. The 5-week challenge was implemented by the local HR team to support the Penske Wellbeing initiative, and designed to encourage employees to become more physically active.

“We wanted employees to think about their daily physical activity,” said HR Administrator, Tristan Topps. “We did not expect the level of participation or enthusiasm that we saw across our campuses. It was encouraging and a lot of fun.”

Participants could join the challenge with team members or compete for prizes individually. Senior company management joined in on the fun, with Area Vice President, Dave Wallace and Executive Vice President of the West, Bernie Wolfe, putting up big numbers for their teams.

“Having Dave and Bernie participate was awesome,” said Liz Keller, Area HR Manager. “Enthusiasm & engagement starts at the top. We were thrilled to have them on board and they both did a great job.”

Topps says she was pleasantly surprised when the daily step counts started to come in. “Some of our leaders were averaging more than 20,000 steps a day!”

Collectively, challenge participants logged more than 47 million steps, that’s the equivalent of 20,000 miles!

